



ALL
IT
TAKES



2021 ANNUAL REPORT

- I. Mission and Statement
- II. Programs
- III. Updates and Our Reach
- IV. Funding and Expenses
- V. Forward Momentum
- VI. Our Team



Dear AIT Community,

2021 - what words are there to describe this past year,
and for that matter the year before it, 2020?

When presenting statistics to educators about the crisis our children and they themselves are encountering right now, and for the foreseen future, I put up a slide that gives a research driven summary and then I say,

'but you already know all of this, no data needs to illuminate what you are already living.'

Such is the case for each of us across communities, all communities. No one has been unscathed. We have been in the same storm in different boats, some with better stabilizers than others but no one has escaped the monster sized waves.

While our work at All It Takes required a significant pivot, like so many other organizations, I am grateful to say that the pivot was successful and our work has been embraced and reached millions across all 50 states and in 27 countries. Even for us our impact has far exceeded what we imagined. I hope you will take a look at our EOY report and celebrate with us.

As we journey forward into 2022 I reflect back on what has kept me going through moments (and sometimes weeks) of uncertainty. Without a doubt it has been the resilience, grace, and purposeful commitment *our youth, and those who serve them*, continue to demonstrate. Exponentially growing mental health concerns that include daunting increases in emotional stressors like anxiety and depression, tragic increases in drug use and suicides, social-emotional setbacks, and learning loss could collectively create a reason to shut down in helplessness.

This however is not an option as our kids deserve more from us and I see every day those who are working tirelessly to make sure they are living fully into a future that is brighter than even before these last two years.

Being in the work of 'what is possible' rather than 'what is wrong,' while still recognizing both our pain and our joy, is authentic and hope-building. This is the work of All It Takes and together with all of you we will continue to lift the lives of **ALL** children and youth. We will be catalysts for them to see, believe, and develop the skills to realize the potential and promise they each uniquely possess.

Together we can make sure no traumatizing event has the power to undermine the healthy flame that is waiting to be ignited within our younger people.

With deepest respect of our youth and those who serve them,

Lori Woodley
CEO



2021 MISSION AND STATEMENT

Like everyone else in education, our community, and the world, we had to stop and pivot when the reality that COVID-19 was truly a pandemic struck. We could no longer be in schools, provide on-site training or our Legacy and Youth Influencer camps. Like many people at first we were taken aback by something no one was prepared for. But one thing we have learned over our decade of existence is that AIT is resilient. We pivoted, a little wobbly at first, but were able to still provide the SEL support and training you've known us for.



Throughout the year, it became evident that AIT's expanded focus on youth influencers (adults who serve youth) became a cornerstone of our offered services. We therefore revised our mission statement to:

Equipping youth and those who serve them with essential emotional intelligence skills to successfully navigate their lives and support their communities.

PROGRAM SUMMARY



Pivoting boldly into new delivery methods as the pandemic continued to upend our foundational approach, All It Takes catapulted in our impact.

Below are just a handful of the programs AIT accomplished this year:

I. Professional Development

1,284 Youth Influencers served over 18 trainings.

II. Direct Service SEL Development

On and Off Campus Field Trips: 700+ students and staff served.

III. Good Medicine Time with the Standing Rock Community

500+ Community members served over 100 zoom meetings.

IV. GMT Camp for Middle Schoolers in Standing Rock

50 Youth served over a 3 day in person training.

V. Leadership Development Through Physical Education

9,000+ Youth Served across 11 school sites.

LDTPE, AIT's leadership development program for elementary schools was reviewed and updated to include suggestions on accommodations and modifications for the program when serving students with disabilities. We've also implemented regular One-on-One coaching with PE Staff and those implementing LDTPE.



A TRUSTED SPACE

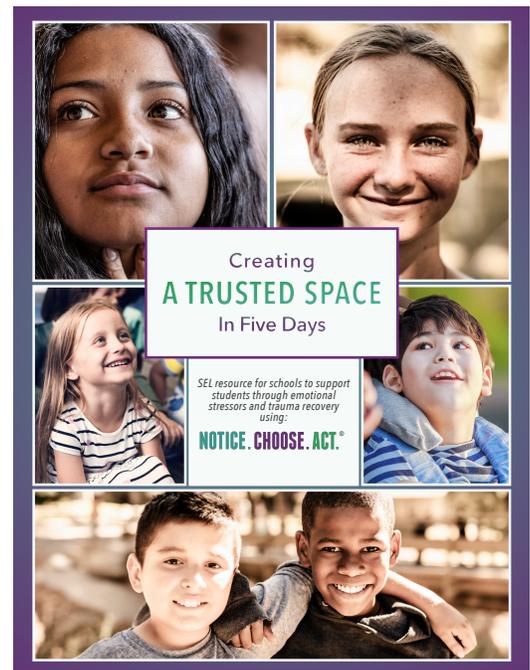
Redirecting Grief to Growth

The biggest program for AIT in 2020-21 was A Trusted Space™. We were asked by a school district to please help, as teachers, students and parents reeled from the traumatic effects of the lockdowns, on-line learning, the unknowns of the current crisis and the pain and trauma of losing those we loved to the pandemic.

The education community was especially hard hit, and for that reason we created A Trusted Space™ (ATS). ATS is a foundational training for educators and those who serve youth to mitigate the effects of the grief, trauma, anxiety and other emotional stressors that so many students, families and they themselves are feeling.

<https://www.allittakes.org/atrustedspace>

During 2020-2021 A Trusted Space was accessed in 26 countries and collectively served over 12 million students. All It Takes provided further Professional Development programming based on A Trusted Space™ Film and Curriculum to over 1,500 school and organizational educators, staff and community members. The film and curriculum were also available on PBS Learning Media and AFT's Share My Lesson. The California Department of Education hosted a viewing and a panel discussion of the film.



2021 UPDATES

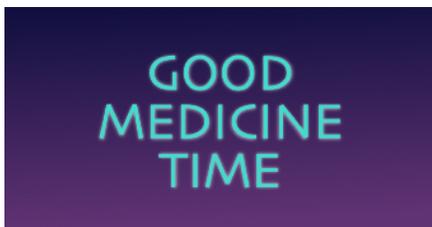


THE HACKETT CENTER
FOR MENTAL HEALTH
MEADOWS
MENTAL HEALTH
POLICY INSTITUTE

[MMHPI Evaluation](#)

An independent evaluation of our most popular program, A Trusted Space, was performed by Meadows Mental Health Policy Institute, validating the effectiveness of our philosophy.

“First, the docu- training significantly improved attitudes toward TIC for teachers who participated in it. Second, those attitude changes persisted over time, remaining significantly more positive than the attitudes of non-participating teachers.”

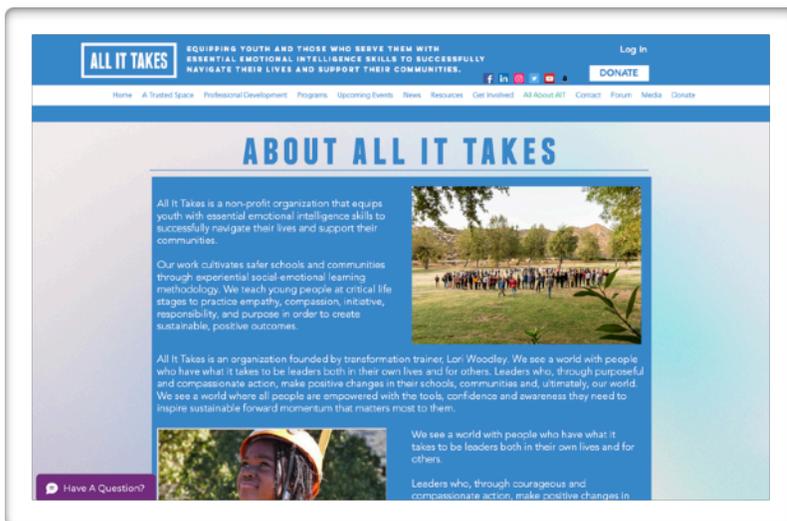


All It Takes had the incredible opportunity to work with the Standing Rock community on a collaborative program called Good Medicine Time (GMT). GMT consisted of multiple weekly online sessions that discussed topics on resiliency, trust, trauma, balance, physical health, mental health, finding joy, and recovery. Partners included 360 and Generation Red Road.

AIT was selected as a USC Center Edge and the Andrew Nikou Foundation Education (Re)Open Challenge awardee for curating and implementing a program which helped students, educators and their families navigate the challenges of the pandemic. ATS has since received spotlight feature attention on their Education Solutions Exchange.



BRAND NEW WEBSITE



A new website has been designed for AIT. The site now has increased flexibility to add, create and edit content and upload media. It makes it easier for users to interact with AIT and also provides forum pages for discussion. It still utilizes the same web address allittakes.org

2021 OUR REACH

12,886,916 Youth Reached*
Through A Trusted Space
Users on allittakes.org

6,000+ served via Direct
Training and Programming

4,000+ Professionals and
para-Professionals Trained

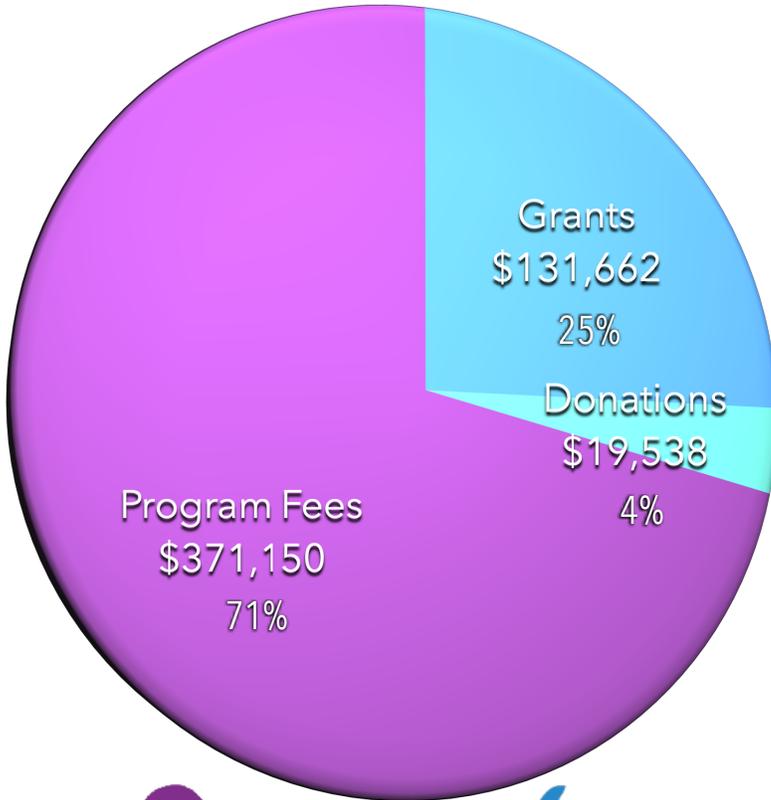


Organization	Client	Featured By	Collaborator
AFT Share My Lesson		✓	
Antelope Valley Union High School District	✓		
Association of California School Administrators	✓	✓	
BeingWell CA		✓	
CalHope	✓	✓	✓
California Association of School Counselors	✓	✓	
California Department of Education		✓	
Center for Nonprofit Leadership			✓
Children's Guild		✓	
Colton Joint Unified School District	✓		
Edu on Air with Pedro Noguera: Google for Education		✓	
Florida School Counselor Association	✓	✓	
FullBloom			✓
King-Chavez Arts and Athletic Academy	✓		
KLCS - Los Angeles PBS		✓	
Learning Policy Institute			✓
LILA - International School Los Angeles	✓		
Los Angeles Unified School District	✓	✓	
Meadows Mental Health Policy Institute		✓	✓
New York State School Counselors Association	✓	✓	
Orange County Department of Education	✓	✓	
PBS Learning Media		✓	
Southern Kern Unified School District	✓		
Standing Rock Sioux Tribe	✓		
Standing Rock Youth Council			✓
Tribal Community Prevention			✓
Turnaround for Children			✓
University of Southern California Rossier School of Education		✓	✓
Ventura County Office of Education		✓	
WellnessTogether		✓	
Westside Union School District	✓		
Wisconsin School Counselors Association	✓	✓	
WNET - New York PBS		✓	

*Based on Data collected from ATS users/accessors and the youth they serve.

FUNDING AND EXPENSES

INCOME



FUNDING PARTNERS

Our work is only possible due to our generous partnerships with grantors and sponsors.

Thank you to these outstanding organizations for your continued commitment and support of youth and those who serve them everywhere.

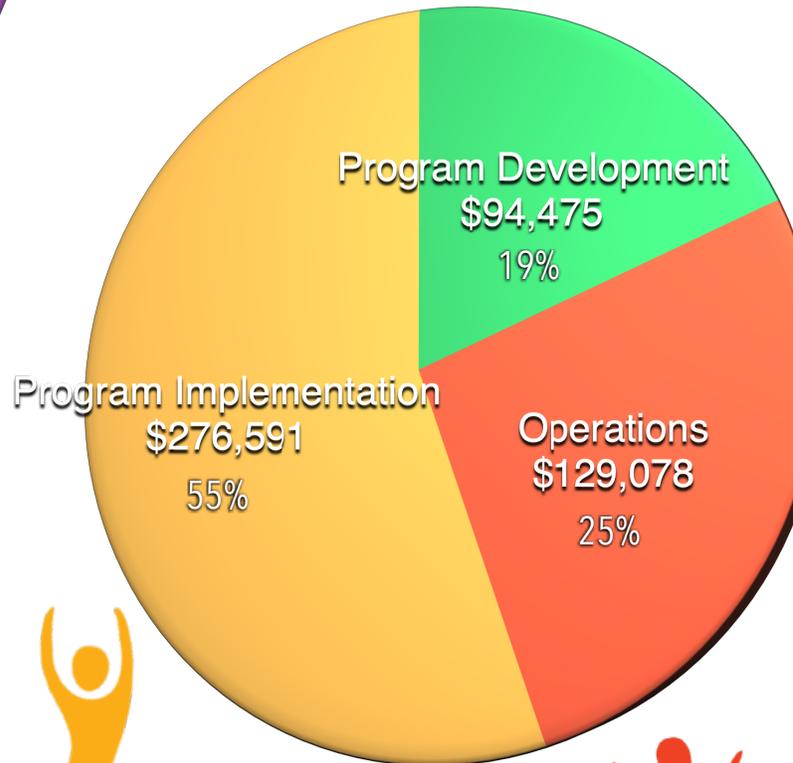
KENROSE KITCHEN TABLE FOUNDATION

GORNICK FAMILY FUND

NETTIE LOU INMAN FOUNDATION

All It Takes was fortunate to receive both local and federal COVID Relief Grants to continue our important work to support youth and those who serve them.

EXPENSES



Income	Expenses
Program Fees: \$371,150 (71%)	Program Implementation: \$276,591 (55%)
Grants: \$131,662 (25%)	Operations: \$129,087 (19%)
Donations: \$19,538 (4%)	Program Development: \$94,475 (25%)



FEEDBACK

What Educators Are Saying:

- It was great to feel included and not singled out.
- I enjoyed what was said and how I need to look at things differently with kids and staff.
- I loved this training as it provided wonderful information and tools that I am going to use when returning to in-person learning and ensure the students are returning to a campus that is supportive and is safe.
- Examples shared by facilitators and peers were valuable and relevant to some of my own thoughts/experiences.
- At this time our kids really need SEL now more than ever and I love your program!
- I enjoyed the training and like that emotions are being taken into more consideration.
- Thank you for reminding me to be a better person. :)
- As a new VP, I feel more confident in my ability to be consistent and supporting with staff and students. I will be a better problem solver.
- As an incoming teacher (first year), I was able learn so much about creating a positive environment for students and for myself

What Parents Are Saying:

- It was truly incredible. Very real. Very heartfelt. Very inspiring. It was very well done. You and your organization continue to inspire me. I love what you do- and such positive messages are so needed in the world right now.
- I just want to say thank you for this program and the opportunity for growth and success. I can't explain on this card alone how much I needed today to be in my life. Thank you for the lessons and encouragement. Keep up the amazing work you all are doing for our kids. I can't wait for my daughter to come!

What Students Are Saying:

- I conquered my fears today! Accomplished something I never thought I could ever be capable of doing. WOW! Will benefit from Notice Choose Act and the apology phrase for years to come. Thank you!
- I liked all of the games today, it taught us teamwork where we had to share and listen to each others ideas.
- It was fun to learn some new social skills because they will help us when we're older. I learned that it's important to work with people because you can't do everything by yourself.
- What surprised me was how much the staff understood.

2022+ FORWARD MOMENTUM



We are looking forward to 2022 when we can return to hosting youth camps and summits. Youth Influencers is scheduled for January and we are able to host Legacy in March.

Launching in January 2022, a collaborative effort between CalHope, the California Department of Education, and FEMA is presenting A Trusted Space to all California Educators, along with a Community of Practice for continued support.

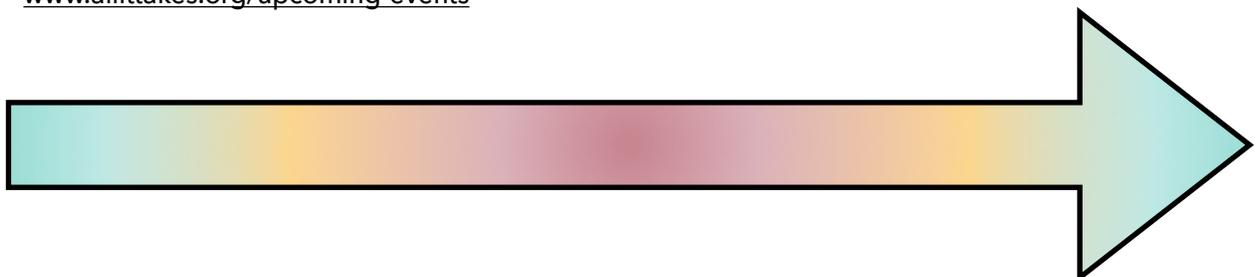
All It Takes is also partnering with FullBloom, an organization of professional trainers who will sell and train A Trusted Space programming.

In March, we are sponsoring the California Association of Health Physical Education and Dance (CAPHERD) Conference in Los Angeles. At the end of April, Lori will be the keynote speaker at the CA PTA Convention held in Ontario, California.

Building on the new and foundational relationships that have been established in this past year, we are providing the expert and practical perspectives in accompaniment to the fast evolving and heightening youth mental healthcare crisis as this pandemic continues to impact people of all ages.

Come what may, we are planning and operating programs that will fit the coming year - with virtual or in-person options - camps, trainings, community building spaces, videos, curriculum, and even live office hours for educators.

For more information on our programs or to access our event calendar click here: <https://www.allittakes.org/upcoming-events>



2021 OUR TEAM

Lori Woodley- Langendorff
Founder/CEO, Board Member

Tanner Woodley
Creative Director, Board Member

Justine Fischer
Operations and Outreach Manager

Karen Coronado
Program Manager

Rachel Bocchicchio
Digital Design

Kevin McConnell
Board Chair

Cortney Montgomery
Board Secretary

Wendy Compton
Board Treasurer

Board of Directors

Sarah Bernson

Michael Capobianco

Karin Gornick

Don Kain

Dave Langendorff

Paul Menes

Jon Power

Thank you!

All It Takes is you! We can't thank you enough for your generous support of AIT. We rely on the generosity of our supporters in small increments and larger ones. You are the reason we can continue our mission and vision in assisting not only youth but children and adults with the skills they need to navigate their lives and make positive impacts in their communities.

Please consider continuing to support AIT. Monthly donations of any amount keep All It Takes innovating and impacting!

[Donations of Any Size Can Be Made Here](#)

Amazon Smile - if you are an Amazon shopper please consider choosing All It Takes as your preferred charity. You can sign up here:

<https://smile.amazon.com/>

Philanthropy- partnership opportunities are welcomed. Please reach out:

justine@allittakes.org